



BRIGHAM AND WOMEN'S
Faulkner Hospital



HARVARD
MEDICAL SCHOOL

**DEPARTMENT
OF
PSYCHIATRY**

1153 Centre Street
Boston, MA 02130



Who We Are

Brigham and Women's Faulkner Hospital (BWFH) Department of Psychiatry is the largest clinical psychiatry site in the Brigham / Faulkner system. Our clinical staff includes psychiatrists, psychologists, social workers, occupational therapists, and certified alcohol and drug counselors. We evaluate and treat a broad range of patients especially those with complex, interconnected medical problems who are treated by Brigham Faulkner physicians. In addition to providing expert care to individuals with mood, anxiety, psychotic and substance use disorders, we have subspecialists who concentrate on behavioral therapies.

Our Approach



BWFH Psychiatry offers medication, individual, couple, and group psychotherapy with an emphasis on skills-based training such as cognitive-behavioral therapy. Other talking or behavioral therapies may be recommended. Whenever possible, we will provide ongoing care after the initial evaluation. However, patients with more straight forward psychiatric illnesses who are medically well may be referred to community providers for ongoing care.

As part of our academic mission, BWFH Psychiatry is involved in training the next generation of clinicians. We are a training site for the Harvard Longwood Residency Training Program, Harvard medical students, psychology, social work, nursing, and occupational therapy students. These trainees are a valued part of our multidisciplinary team and are closely supervised by our experienced providers. We are also increasingly working side-by-side with researchers, and may offer you opportunities to participate in clinical studies. Clinicians who are involved in teaching and research provide you the most evidence-based, state-of-the-art care possible.

New Appointments & Referrals

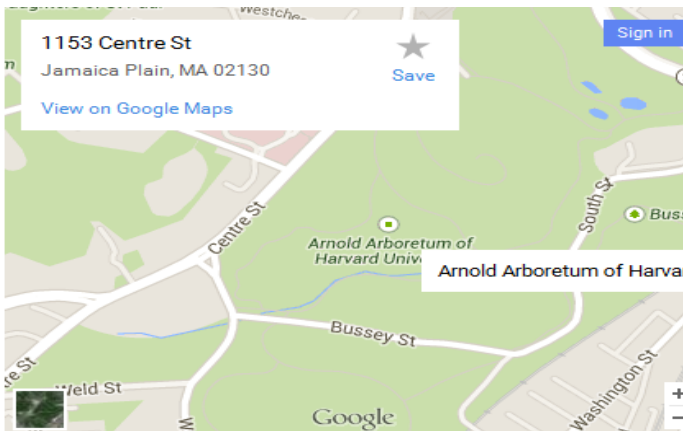
Call **617-983-7060** for the following programs & services:

Psychiatric Inpatient Unit
Medical Substance Abuse Detox Unit
Psychiatric Partial Hospital Program
Evening Substance Abuse Group Program
Outpatient Suboxone Practice

Call **617-732-5148** to book a new patient appointment in the:

Outpatient Psychiatry Clinic
Individual Therapy For Dial Diagnosis

Directions



Brigham and Women's Faulkner Hospital (BWFH) is located at 1153 Centre Street in the Jamaica Plain section of Boston approximately 5 miles from Brigham and Women's Hospital's main campus.

Brigham and Women's Faulkner Hospital
www.brighamandwomensfaulkner.org

Our Services

- Psychiatric Inpatient Unit
- Medical Substance Abuse Detox Unit
- Psychiatric Partial Hospital Program
- Evening Substance Abuse Group Program
- Outpatient Suboxone Practice
- Consultation Liaison Service
- Outpatient General Psychiatry Clinic

Psychiatric Inpatient Unit (2 South)

- 24 bed locked inpatient psychiatric unit.

Medical Detox (6 North)

- 8 bed inpatient detox - primarily for alcohol and benzodiazepine withdrawal, co-led with medicine.

Psychiatric Partial Hospitalization Program

- Brigham and Women's Faulkner Hospital's Psychiatric Partial Hospital Program (PHP) is a time limited, ambulatory, evaluation and treatment program, designed to help psychiatric patients stabilize and improve symptoms while restoring independent functioning. The Partial Hospital treatment day runs from 9:30-3:15, Monday through Friday. The PHP is designed with a focus on group treatment. There are four daily groups, each 45 minutes to one hour in length. The groups focus on an array of themes meant to teach or solidify coping skills, provide psychoeducation, and address topics related to mental health conditions. While in the program, patients receive daily ongoing therapy in addition to medication consultation with the staff psychiatrist.

Evening Substance Abuse Group Program

- The Evening Group Treatment Program allows working adults to continue meeting their day-time responsibilities while receiving outpatient group treatment for their addictive disorder. This 2-week program meets on Monday, Wednesday, and Thursday nights from 6:00-8:00pm and is meant to be used in conjunction with self-help meetings.

Outpatient Suboxone Practice

- The Outpatient Suboxone Practice is designed to help patients struggling with opioid addiction. Examples of opioids include heroin, percocet, vicodin, oxycodone, oxycontin, morphine, and methadone. The admission process begins with an initial phone intake to rule out disqualifiers for treatment. All patients must have an established primary care physician to be eligible for the program. If appropriate, new patients will be scheduled for a 90 minute medical evaluation with our staff psychiatrist or nurse practitioner. All patients will be notified within 48 hours from this appointment on the status of their admission. If accepted into the practice, a suboxone dosing appointment will be scheduled to determine the appropriate therapeutic dose for treatment. All new patients enter a weekly maintenance group for at least 8 weeks before they are considered eligible for monthly maintenance groups.

Outpatient General Psychiatry Clinic

- The Outpatient Psychiatry Clinic offers contemporary, evidence-based, psychiatric evaluations and treatments for patients with psychiatric difficulties and substance use disorders. A multidisciplinary team including psychiatry, psychology, and social work provides balanced evidence-based psychopharmacologic care and psychotherapy. We offer individual psychotherapy with an emphasis on skills-based training. Examples of this include cognitive behavioral therapy, mindfulness-based therapy, interpersonal therapy, and dialectical behavioral therapy.

Areas of Focus Include:

Cognitive Behavioral Therapy

Depression

Anxiety

Substance Abuse

Psychopharmacology Therapy