

Preparing for Surgery – Brigham and Women’s Faulkner Hospital

The Business Day Before Your Surgery:

- You will receive a call from the hospital between the hours of 1:00 – 3:00 PM confirming your arrival time for surgery. If your surgery is on a Monday, you will be called on Friday.
- During this call, you will be given instructions on where to check in for surgery.
- Be sure that we have the best phone number for you by calling Registration at 1-866-489-4056.

After Midnight Before Your Surgery:

- DO NOT eat any solid foods including candy and cough drops after midnight.
- DO NOT drink anything besides clear liquids after midnight.
 - These clear liquids include black coffee, water, clear tea, apple juice, cranberry juice and sports drinks (Gatorade).
 - You CANNOT have milk, cream (natural or artificial), orange juice, cider, alcohol or broth as these are not clear liquids.
 - You can drink clear liquids up until 3 hours before surgery.

The Day Of Your Surgery:

- ✓ Follow all instructions in your After Visit Summary (given to you at your pre-op appointment).
- ✓ Wear loose, comfortable clothing.
- ✓ Bring your glasses and a case for storing them. If bringing contact lenses, bring a case and solution.
- ✓ Bring your dentures and hearing aids and cases for storing them.
- ✓ Call your surgeon if you develop a cough, cold, fever, nasal congestion or otherwise feel unwell.
- ✓ You will need to have a responsible adult drive you home after you are discharged.
- ✓ Please leave your valuables (including laptops, iPads, and other electronics) at home.

When You Arrive:

At Check-In, you will be asked to sign the following electronic documents:

- **Consent for Treatment / Admission to the Hospital**
- **Acknowledgement of Privacy Notice / HIPAA**
- **Mass Hlway Consent** - Gives the hospital permission to obtain medical records electronically from another facility that has treated you, if necessary
- **Assignments of Benefits** - Allows your health insurance to pay the hospital and your acknowledgement of responsibility of any balance not covered by those benefits

Copies of these documents are available upon request.

After checking in, you will be escorted to the pre-op area for initial work-up. When that is completed, your family will be brought in to visit with you before you go to the operating room.

When you are brought to the operating room, your family will be directed to the family waiting area. All communications will go through the surgical liaison for those waiting areas.

If you have any questions, please contact your surgeon’s office.