***If you need to reschedule your appointment, please call 617-983-7017 and follow the recorded prompts.***

**Items Needed to be Purchased from Your Pharmacy:**

You will not need to purchase any items from the pharmacy.

Two Weeks Before Procedure:

- Consult your primary care physician if you are taking insulin or other diabetic medications. Your dose will need to be adjusted on the day before and/or morning of procedure.

- Consult your primary care physician for blood thinners such as Coumadin/Warfarin, Plavix, Xarelto as they require dose adjustments prior to your procedure.

- Please bring your card if you have a pacemaker or defibrillator.

Day of Procedure:

- Do not eat solid food of any kind after midnight.

- **You may drink clear liquids after midnight and until 4 hours before your procedure.**

- Clear liquids consist of:

    - **Broths**: *clear bouillon, chicken, vegetable or beef.*

    - **Beverages, etc**: *tea, coffee (no dairy cream/milk), Kool-Aid, carbonated beverages, clear juices like apple or cranberry, Italian Ices, popsicles, Jello.* (NO RED FLAVORS)

- Patients taking beta blockers such as Metoprolol or Atenolol, or medicines for a seizure disorder, should take their medications as prescribed on the morning of the exam.

- Arrive 1 hour before your scheduled exam time (FOR 7 AM EXAMS ONLY, arrive at 6:30).

- You will be discharged approximately 3 hours after arrival time. **In order for your procedure to be performed, you must arrange for a responsible adult to meet you at the Gregory Endoscopy Centre to sign you out and either drive you home or accompany you in a taxi/Uber/on public transportation** (responsible adult cannot be the taxi/Uber driver). You will not be discharged until your ride arrives.

- If you have questions about the prep instructions, medications or your procedure Monday-Friday (excluding holidays) between 8:00am and 4:30pm, please call **617-983-7124.**

- If you are calling Monday-Friday after 4:30pm, during the weekend or on a holiday, please call **617-983-7848** and ask to speak to the GI doctor on call.