



If you need to reschedule your appointment, please call 617-983-7017 and follow the recorded prompts.

Items Needed to be Purchased from Your Pharmacy:

One 10 ounce of Magnesium Citrate. No prescription necessary.

One Fleet Saline Enema. No prescription necessary.

Two Weeks Before Procedure:

- Consult your primary care physician if you are taking insulin or other diabetic medication. Your dose will need to be adjusted on day before/morning of procedure.
- Consult your primary care physician for blood thinners such as Coumadin/Warfarin, Plavix and Xarelto as they require dose adjustments prior to your procedure.
- If you have had a been diagnosed with diverticulitis in the past 6 weeks, please call 617-983-7124.

One Day Before Procedure:

- Eat lightly.
- Take one bottle of Magnesium Citrate at 6pm.

Day of Procedure:

- Only clear liquids may be consumed all day. Do not eat solid food of any kind.
- Clear liquids consist of:
 - **Broths:** *clear bouillon, chicken, vegetable or beef.*
 - **Beverages, etc:** *tea, coffee (no dairy cream/milk), Kool-Aid, carbonated beverages, clear juices like apple or cranberry, Italian Ices, popsicles, Jello. (NO RED FLAVORS)*
- **Please use one Fleet saline enema two hours before you leave for the hospital. Please follow the instructions on the package carefully to ensure a successful test. Once the enema is given, do not eat until the test has been completed in order to prevent bowel contents moving into the areas to be examined.**
- Patients taking beta blockers such as Metoprolol or Atenolol, or medicines for a seizure disorder, should take their medications as prescribed on the morning of the exam.
- Arrive 1 hour before your scheduled exam time (FOR 7AM EXAMS ONLY, arrive at 6:30am).
- If you are not planning on receiving sedation, then you do not need a responsible adult to get home.
- This only applies to those receiving sedation: You will be discharged approximately 3 hours after arrival time. **In order for your procedure to be performed, you must arrange for a responsible adult to meet you at the Gregory Endoscopy Center to sign you out and either drive you home or accompany you in a taxi/Uber/on public transportation** (responsible adult cannot be the taxi/Uber driver). You will not be discharged until your ride arrives.
- Please bring your card if you have a pacemaker or defibrillator.
- If you have questions about the prep instructions, medications or your procedure Monday-Friday (excluding holidays) between 8:00am and 4:30pm, please call **617-983-7124**.