

- Do not eat any food after midnight. A few sips of clear liquid are allowed up to four hours before your exam.
- Arrive 60 minutes before exam time to the Endoscopy Centre on the first floor of the hospital (30 minutes early if 7 AM exam).
- Leave money and valuables at home.
- Drivers must wait in a designated waiting area. Pagers can be provided.

Special Instructions:

For Patients with Diabetes: Contact your primary care provider (PCP) about diabetic medications. You will not be eating or drinking for a few hours before your test. Your medications may need adjustment to keep your blood sugar at a safe level.

For Patients on Blood Thinners: Medicines like Coumadin (warfarin), Pradaxa and Plavix (clopidogrel) are usually stopped 5-7 days before your test. Stopping them helps prevent bleeding if tissue is removed or biopsied. You must contact your PCP for specific directions about these medications.

For Patients with Pacemakers, Defibrillators and other Implanted Devices: Bring your device card with you. Make sure your pacemaker has had its routine checkup.

If there is any possibility you may be pregnant, please consult your primary care or obstetrician regarding having this procedure. If you need to make any changes to your procedure please call, 617-983-7017.

Remember to make plans for a responsible adult to come with you to the hospital.

Sedation medication will not be given if you don't have someone to drive you home (a taxi driver cannot serve as your responsible adult).