Integrating an Addiction Recovery Program (ARP) into a General Medical Unit

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The History
• 1985 - Addiction Recovery Unit opened with three inpatient beds to treat patients for alcohol withdrawal
• Progressed to a 14 bed, level-4 detox unit, providing care for patients with polysubstance abuse and medical and/or psychiatric co-morbidities
• 1986 - ‘Graduate Group’ founded to provide weekly support for patients
• Additional outpatient service programs were developed:
  • Dual Diagnosis
  • Day/Evening Treatment Programs
• Inpatient Consultation and Triage Services were also established

The Vision
• Spring 2013 – Patients transitioned to 6North, an existing inpatient medical/telemetry unit, to provide 24 hour on-site medical coverage
• Provide access to telemetry and continuous oxygen saturation monitoring
• Enhance nursing expertise in caring for patients with chemical dependency
• Decrease adverse events/transfers to ICU
• Increase integration between addiction care and medical co-morbidity diagnoses
• Improve addiction care to all hospitalized patients through specialty consultation

Our Commitment
Time Line: January 2013 - Present

Relationships
Cohesive interdisciplinary relationships
Collaborative treatment planning expanding the scope of services and skills available to our patients

Medical Model
Integrated Medical Management
Hospitalists
RNs NPs PAs
Telemetry

Addiction Recovery Model
RNs NPs MDs
Counselors
MWH
12 Step Recovery
Therapeutic Milieu

Sharing our Knowledge and Commitment to Recovery

Education
• Didactic sessions, self learning modules, case reviews and 1:1 mentoring for all staff
• Expanded medical training for addiction RNs transitioning to 6 North
• Quarterly work shops to educate hospital community about the available ARP resources
• Consultation outreach for all BWFH patients family and staff

Environment
• Create a therapeutic milieu
• Group/community space
• Alcohol and drug free/safe
• Sober Support
• Build bridges to community resources

Impact
Improved quality of care

Advancing the Practice
• Development of Quarterly ARP educational programs providing opportunities to share our experiences with colleagues
• Hospital wide consultation education for RNs
• Community outreach educating student nurses and medical residents

For further information please contact Kathy Lang: KLANG5@PARTNERS.ORG

Specifics

Comparison of RRT’s called pre and post transition

Comparison of Transfers to the ICU
ARP vs. Non-ARP Patients

Total Number of RRt’s
Comparison of RRT’s called pre and post transition

Total Number of Transfers
Comparison of Transfers to the ICU
ARP vs. Non-ARP Patients

Graphs showing data comparisons for various metrics related to the integration of the Addiction Recovery Program into a General Medical Unit.