**Code Blue: Reducing Fears and Improving Staff Nurse Performance**

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**Purpose**
The purpose for creating a Code Blue educational program was to:
- increase nurses familiarity with the contents of the code cart.
- provide role delineation for the nurse.
- improve nurse performance in a Code Blue.

**Process**
The Code Blue educational program involves three phases.

**Phase 1**
Three part, virtual, interactive educational modules utilizing video clips, supplemental readings, and a five question quiz.

**Phase 2**
Game Based Learning:
- *Pin the Defibrillator Pads on the Mannequin*
- *What’s My Role*
- *Spin the Wheel of Medications*
- *Beat the Clock*

**Phase 3**
- Direct observation by educator of participant performance during code blue simulation provides an opportunity to assess strengths and gaps in performance.
- Session concludes with a post simulation debrief session.

**Outcomes**
Formalized Code Blue education has resulted in:
- role clarity for the inpatient nurse during a code.
- increased familiarity with the location of code cart contents.
- improved nurse performance during code situations.
- improved post code debriefing process.

**Next Steps**
As part of the implementation of a new electronic medical record, additional education is planned to incorporate process improvements for documentation during a Code Blue.

**Implications for Nursing Practice**
This innovative, fiscally responsible educational program can be adapted for use in any practice setting.

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**Background**
In recent years, inpatient nurses have had limited experience with Code Blue situations.
- Nurses are not exposed to mock codes after nursing orientation.
- Nurses expressed a lack of confidence in:
  - their role during a Code Blue.
  - locating items in the code cart.
  - documenting on the code sheet.
- The process for nurses to debrief after a code to review their performance was inconsistent.
- In an effort to address nurses concerns, a three part educational program was developed.