



## WE DID IT! BRIGHAM AND WOMEN'S FAULKNER HOSPITAL RECEIVES MAGNET RECOGNITION

Brigham and Women's Faulkner Hospital has received Magnet recognition from the American Nurses Credentialing Center. The hospital was also recognized with three exemplars.

"I want to express my congratulations and gratitude for the individual and collective efforts that went into our Magnet journey over that past several years," says Cori Loescher, MM, BSN, RN, NEA-BC, Chief Nursing Officer and Vice President of Patient Care Services.

Brigham and Women's Faulkner Hospital is now among approximately eight percent of hospitals in the country that have achieved Magnet recognition and the 500th organization to reach this milestone!

The Magnet Recognition Program is viewed around the world as the gold standard of nursing excellence and high-quality patient care delivered by an entire organization that leads to the highest levels of safety, quality and patient satisfaction. While Magnet designation is considered the gold standard for excellence in nursing practice and healthcare delivery, the honor is bestowed upon the entire hospital, not just the Nursing Department.

"I just want to say thank you all to our entire staff for your incredible commitment to helping us achieve Magnet recognition and for all you do for our patients, their families and each other every day!" says Loescher.



Chief Nursing Officer and Vice President of Patient Care Services Cori Loescher, MM, BSN, RN, NEA-BC, celebrates with the Magnet team

# ANNUAL AWARDS HIGHLIGHT THE DEPARTMENT OF NURSING

Each year, as part of its National Nurses Week celebration, Brigham and Women's Faulkner Hospital celebrates its nurses with awards recognizing excellence in critical thinking, commitment to patient teaching, continuing education and outstanding delivery of patient- and family-centered care with compassion and dignity. This year's winners are just a few examples of the amazing work being done within the Department of Nursing on a daily basis.

On hand at the Nurse Recognition Awards ceremony was Chief Nursing Officer and Vice President of Patient Care Services Cori Loescher, MM, BSN, RN, NEA-BC, who thanked members of the Department of Nursing for the work they do to care for our patients and their families each and every day. "Honestly, the work that you do is exceptional," she said.

To this year's Nurse Recognition Awards winners who were nominated by their peers, she said, "It truly is an honor to be chosen by your colleagues who recognize that the work you do makes their practice special."

Brigham and Women's Faulkner Hospital President David O. McCready, MBA, MHA, also spoke, reflecting on his mother's career as a hospice nurse. "It was emotionally challenging for her, but also very meaningful for her," he said. "Seeing that forever sealed my admiration for your profession. I am one of your biggest fans and I appreciate the work that you do every day."

During the presentation, Amie Kandalaft, RN, from the Pain Management Center was presented with the Mary Devane Award by Mary Devane's daughter. The award was established in 1998 to be given to any member of Brigham and Woman's Faulkner Hospital Department of Nursing (RN, PCA, UST, MHW, Secretary) in recognition of their commitment to delivering patient care with compassion, kindness and humor.

Faydene Small-Jones, MSN, MHA, RN, from the Gregory Endoscopy Centre received the Elaine Hazelton Memorial Scholarship Award. Elaine Hazelton's family established this award in 2009 to be given to a nurse who demonstrates a dedication to Brigham and Woman's Faulkner Hospital within the practice and advance of nursing. This recipient should be continuing his or her nursing education.

Members of the McAlarney family were on hand to present their award to John Welch, RN, also from the Gregory Endoscopy Centre. The Angela McAlarney Award was established in 2003 to be given to a member of Brigham and Woman's Faulkner Hospital's Department of Nursing in recognition of excellence in patient and family education.

Erin Kelleher, RN, also from the Gregory Endoscopy Centre, Jestin Jose, BSN, RN, VA-BC, from the IV Therapy Team, and Hannah Jackson, BSN, RN, from 2 South all received Mrachek Awards. The Mrachek Award was established in 1995 and is given

to three members of Brigham and Woman's Faulkner Hospital's Department of Nursing in recognition of their clinical skills and to support their continuing education in the nursing profession.

In addition, three new Nurse Recognition Awards were presented this year:

The Newly Licensed Nurse Award was established this year and is given to a Newly Licensed Nurse hired in the previous 12 months at Brigham and Woman's Faulkner Hospital in recognition of their personal and professional growth. The inaugural winner is Paulina Kuczynska, BSN, RN, from 7 North.

The Community Outreach Award was established this year and is given in recognition of a unit-based team or committee that has positively impacted a group or community outside of Brigham and Women's Faulkner Hospital. The inaugural winner is the ICU Unit Based Council.

The Evidence-Based Practice Award was established this year and is given in recognition of a multidisciplinary unit-based team or committee with a project that contributes to evidence-based practice. The inaugural winner is the Gregory Endoscopy Centre.



Published by BWFH's Nursing Professional Recognition and Advancement Committee

Tracy Lane, MSN, RN-BC  
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MARY DEVANE AWARD



Amie Kandalft, RN

ELAINE HAZELTON MEMORIAL SCHOLARSHIP AWARD



Faydene Small-Jones, MSN, MHA, RN

ANGELA MCALARNEY AWARD



John Welch, RN

MRACHEK AWARD



Hannah Jackson, BSN, RN



Jestin Jose, BSN, RN, VA-BC



Erin Kelleher, RN

NEWLY LICENSED NURSE AWARD



Paulina Kuczynska, BSN, RN

COMMUNITY OUTREACH AWARD



ICU Unit Based Council members

EVIDENCE-BASED PRACTICE AWARD



Gregory Endoscopy Centre staff



# UNIT BASED COUNCILS MEET FOR ANNUAL SPRING SUMMIT



**Spring Unit Based Council Summit attendees**

This spring, Brigham and Women's Faulkner Hospital's Department of Nursing brought together nurses from each unit for their annual Spring Unit Based Council Summit. Attended by co-chairs from each of the Unit Based Councils and Nursing Shared Governance Committees, the day provided the opportunity to share ideas and best practices. The topics for the day supported ongoing leadership advancement for nurses under the American Nurses Association leadership domains of "Leading the Way: Leading yourself, leading others, leading the organization."

The day began with ice breakers and a welcome from Executive Director of Nursing Professional Development, Practice and Innovation Colleen West, DNP, MBA, RN, CPHQ, followed by an update on the Nursing Strategic Plan by Chief Nursing Officer and Vice President of Patient Care Services Cori Loescher, MM, BSN, RN, NEA-BC. In her welcome, Loescher said, "This is one of my favorite days of the year. I get to hear about all of the amazing work you are doing on your units!"

Later, Helene Bowen-Brady, DNP, MEd, RN-BC, NEA-BC, gave a presentation on abstract writing followed by a presentation titled "Defining a Problem and Gaining Buy-In" by Performance Improvement Manager Claire Massero, MS. Before breaking for lunch, the group heard one more presentation titled "Narrowing the Gaps Between Insulin Dosing and Glucose Point-of-Care Testing to Improve Glycemic Control" by clinical nurses Jessica Ollis, BSN, RN, and Kim Danna, RN.

After lunch, Quality and Magnet Program Manager Tracy Lane, MSN, RN-BC, gave an update on Brigham and Women's Faulkner Hospital's then ongoing quest for Magnet designation, focusing on how to prepare for the site visit, which was held in early July. Then the talk turned to individual unit updates on their clinical questions to round out the day.

Before the close of the summit, participants had a chance to share their feedback on their experience. "This is my first Unit Based Council Summit. It was really educational from top to bottom," said 2 South staff nurse Hannah Jackson, BSN, RN. "I am really happy I came."

For other nurses who have been to the Unit Based Council Summit before, they were equally glad they attended. Outpatient Infusion Center Clinical Leader Ginny Grace, BSN, RN, said, "It's amazing to see how each unit's projects are changing and how much more involved they are becoming. It gives me energy to go back to our department, rally the staff and get working on our projects."

Similarly, Program Manager for Informatics for Nursing/Patient Care Services Paula Wolski, MSN, RN-BC, reflected on how far the Department of Nursing has come over the years. "I can remember a time when we were at 50 percent capacity on a daily basis and we honestly thought the hospital was going to close," she said. "To see the changes that have taken place since then and the role that nursing has played in all of it makes me very proud."



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[www.youtube.com/user/faulknerhospital](https://www.youtube.com/user/faulknerhospital)

# BRIGHAM AND WOMEN'S FAULKNER HOSPITAL NURSES PRESENT POSTERS AT NURSING SYMPOSIUM

Each year, the New England Nursing Informatics Consortium hosts a symposium focused on "Trends in Clinical Informatics: A Nursing Perspective." At this year's event, the group's 17th annual symposium titled "Nurses Transforming Healthcare Through Innovation," two Brigham and Women's Faulkner Hospital nurses presented posters.

Program Manager for Informatics for Nursing/Patient Care Services Paula Wolski, MSN, RN-BC, presented a poster titled "Use of an Audit Report to Improve Business Continuity Access Testing." Pre-Op Holding Clinical Leader Diane Pessa, MSN, RN-BC, presented a poster titled "Use of Mobile Application to Improve Nursing Department Communication."

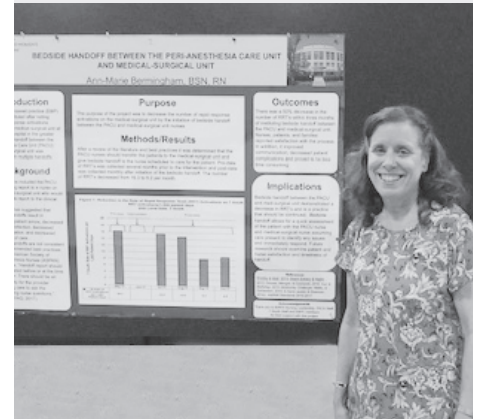
For both Wolski and Pessa, the opportunity to present their work among the 27 posters on display at the symposium was very rewarding. "It is always great to see what work is occurring at other New England institutions that could perhaps be considered best practices and be brought back to our hospital to be put into use," says Wolski. "There was a lot of interest in Diane's communication application poster and attendees that stopped by had a lot of questions related to operationalizing this project."

Wolski's poster also got a lot of feedback. "The project I presented actually resulted in Partners Enterprise interest in using the report across all areas that have downtime computers to ensure that every area is prepared in the event of a downtime," she explains. "Overall, it is always nice to get positive feedback as well as suggestions for improvement on the projects we presented."



Pre-Op Holding Clinical Leader Diane Pessa, MSN, RN-BC, and Program Manager for Informatics for Nursing/Patient Care Services Paula Wolski, MSN, RN-BC

# BERMINGHAM PRESENTS AT AMERICAN SOCIETY OF PERIANESTHESIA NURSES NATIONAL CONFERENCE



Anne Marie Bermingham, BSN, RN, presented her poster "Bedside Handoff Between the Peri-Anesthesia Care Unit and Medical-Surgical Unit" at the American Society of PeriAnesthesia Nurses (ASPAN) 38th National Conference in Nashville, Tennessee. The event featured over 2,000 attendees, 178 posters and 50 plus workshops. Bermingham's evidence-based practice project was instituted per ASPAN Standards of Care Practice Recommendation on Safe Transfer of Care and noting many rapid response activations (RRTs) on the medical-surgical unit. Bedside handoff at Brigham and Women's Faulkner Hospital demonstrated a decrease in RRTs by 50 percent and allows a quick assessment of the patient with both the PACU and med-surg nurse to identify any concerns and immediately respond to those concerns.

# BRIGHAM AND WOMEN'S FAULKNER HOSPITAL HOSTS "EVENING OF INQUIRY"

Over the summer, Brigham and Women's Faulkner Hospital hosted the Greater Boston Chapter of the American Association of Critical Care Nurses Evening of Inquiry.

The event showcased two podium presentations and several poster presentations on topics related to research and evidence-based nursing practice affecting acute and critical-care nurses. Among the presenters were several from Brigham and Women's Faulkner Hospital: ICU nurse Meaghan McCarthy, MSN, RN, presented one of the two podium presentations and presented the accompanying poster. Pain Management Center Clinical Leader Kathy Armando, BSN, RN, and Pain Management Center nurses Laurie Flahive, BSN, RN, and Amy Kandalraft, RN, had one of the poster presentations.

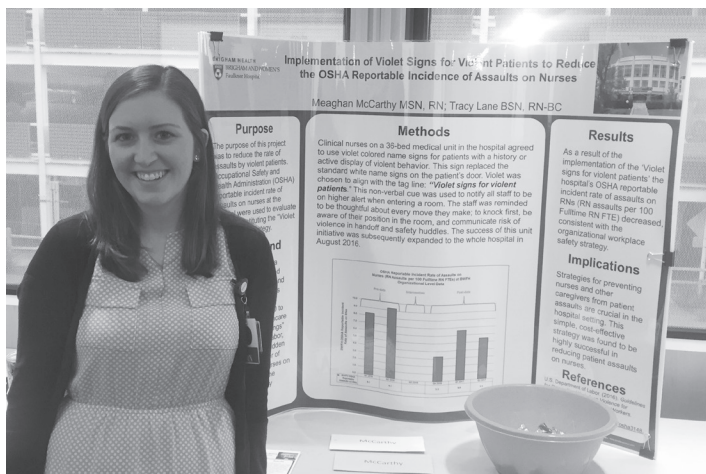
McCarthy's project, titled "Implementation of Violet Signs for Violent Patients to Reduce the OSHA Reportable Incidence of Assaults on Nurses," was co-authored with Quality and Magnet Program Manager Tracy Lane, MSN, RN-BC. The two began the project when they both worked on 6 South. There, the nurses agreed to use violet signs on the doors of patients with a history of violent behavior, instead of standard white signs. Violet was chosen to align with the tag line "Violet for Violence" to alert nurses and other team members of patients with a potential for violent behavior. McCarthy explains, "This non-verbal cue is used to notify all staff at Brigham and Women's Faulkner Hospital to be on higher alert when entering a room."

The use of violet signs to signify a violent patient was implemented hospital-wide in August 2016 with great success. "The hospital's OSHA reportable incident rate of assaults on nurses decreased," says McCarthy. "Strategies for preventing nurses and other caregivers from patient assaults are crucial in the hospital setting and this is a simple and cost-effective strategy that can really work."

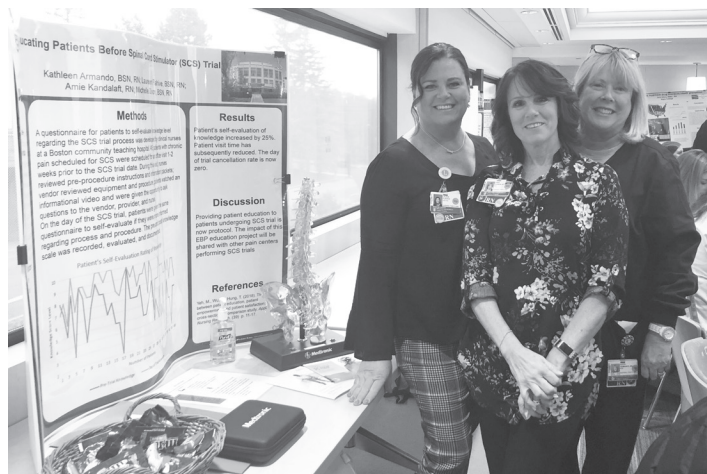
For McCarthy, the opportunity to present her work to a room full of her peers was quite special. "It was empowering to share the successes of the project to a room full of nurses who were all working to make a difference, not only on their units, but in healthcare," she says.

Armando, Flahive and Kandalraft's poster, titled "Educating Patients Before Spinal Cord Stimulator (SCS) Trial," aims to prove that patients who have a pre-trial education appointment with staff at the Pain Management Center come to their SCS trial with more knowledge of the planned procedure and there has been a zero cancellation rate since implementing this practice change. "We now provide patient education to all patients undergoing SCS trial," says Armando of her poster's outcome.

Armando says the experience of presenting a poster at the Greater Boston Chapter of the American Association of Critical Care Nurses Evening of Inquiry was very rewarding. "It was truly an awe-inspiring night," she says of the work that was shared.



Meaghan McCarthy, MSN, RN



Laurie Flahive, BSN, RN, Amy Kandalraft, RN, and Kathy Armando, BSN, RN



## 7 NORTH STAFF NURSE RECEIVES DAISY AWARD

**This spring, Brigham and Women's Faulkner Hospital's Department of Nursing honored 7 North staff nurse Heidi Duran, BSN, RN, with a DAISY Award.**

Duran was nominated by a grateful patient who wrote in his nomination letter:

*The day after my second shoulder surgery was the most painful day in my 46 years and the only time a complete stranger became a cherished friend in a matter of 8 hours. This stranger was my nurse Heidi Duran, who I've since found out was working per diem on the 7 South floor. I am not very religious, but given that fact, somebody was certainly looking out for me that day. That morning, Heidi was assigned a guy and his girlfriend who weren't prepared for a hospital overnight stay, couldn't find the right mix of medicines, couldn't manage restroom needs, were sick of dealing with a broken shoulder for 6 weeks and were challenged with a pinched elbow nerve. From the first greeting, Heidi said, "I won't give up until I solve this. Don't worry." Amazing. It was the worst of days, but Heidi, often literally, held our hands through the whole ordeal. She was a teacher, a caretaker and a friend. And a complete rockstar. By the end, we all agreed that she did exactly as she promised she would do. In her shift, she solved it all, and walked me through on the whiteboard what was needed to proceed after she left. My girlfriend and I were so sad to see her go, but thrilled to see on the Brigham and Women's Faulkner Hospital tv screen an opportunity to nominate her for the DAISY Award. She made such an impact on us that I can't imagine how many more lives she impacts each 8 hour shift. Thanks so much to Heidi and thanks for your consideration of her for this award!*



**7 North staff nurse Heidi Duran, BSN, RN, accepts her DAISY Award**

Duran was presented with her DAISY Award by members of nursing leadership, members of the Nursing Professional Recognition and Advancement Committee and her supportive co-workers. "To brighten a moment in the life of a patient is the reason for everything I do," she says. "It is a privilege and an honor to call myself a nurse. Thank you very much for this award, it is a tribute to all nurses everywhere!"

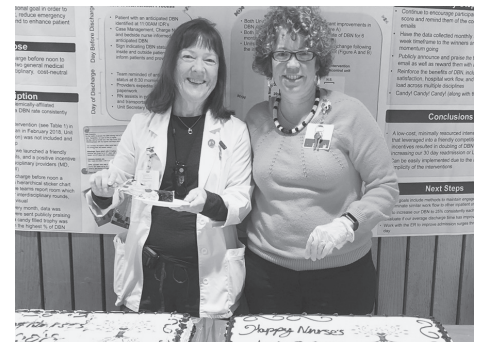
The DAISY Award, established by the DAISY Foundation, is named in memory of J. Patrick Barnes who died at the age of 33 from Idiopathic Thrombocytopenic Purpura (ITP), an auto-immune disease. The Barnes Family was inspired by the care that Patrick received and established this unique program to recognize and thank the nurses nationwide who make a profound difference in the lives of their patients and families. To learn more about the DAISY Foundation, visit [daisyfoundation.org](http://daisyfoundation.org).

Brigham and Women's Faulkner Hospital DAISY nurses consistently demonstrate excellence through their clinical expertise and extraordinarily compassionate care. They are recognized as outstanding role models in our nursing community and make a profound difference in the lives of their patients and their family members. Patients, visitors, nurses, physicians and employees may nominate a deserving nurse by completing a nomination online at [www.brighamandwomensfaulkner.org/about-us/general-information/Nursing/DAISY.aspx](http://www.brighamandwomensfaulkner.org/about-us/general-information/Nursing/DAISY.aspx).

# CELEBRATING NURSES WEEK 2019!

During this year's Nurses Week, the Department of Nursing at Brigham and Women's Faulkner Hospital took the time to celebrate the important role nurses play in healthcare. At Brigham and Women's Faulkner Hospital, we are proud to support our nurses wellbeing and the instrumental role they play in caring for our patients and their families.

As part of the celebration kickoff, Patricia Rabbett, MSN, RN, CCRN-K, and Mary Anne Barry, MBA, BSN, RN, from Brigham and Women's Faulkner Hospital's Nursing Awards and Professional Recognition Committee handed out cake to nurses and other staff on the first day of Nurses Week. Cake was also brought around to the units in the evening for those working later shifts.



Patricia Rabbett, MSN, RN, CCRN-K,  
and Mary Anne Barry, MBA, BSN, RN

**We did it!**

Brigham and Women's Faulkner Hospital  
is now Magnet recognized!

BRIGHAM HEALTH  
BRIGHAM AND WOMEN'S  
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MAGNET  
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AMERICAN NURSES  
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Brigham and Women's Faulkner Hospital  
1153 Centre Street  
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